

FIGHTING OVARIAN CANCER THROUGH
AWARENESS, EDUCATION, RESEARCH, AND SUPPORT



UPCOMING EVENTS

*Run Pop
Summer
Festival* **July 12
6:00 pm
July 13
6:30 pm**

*Warrior
Women* **July 19
6:00 pm**


*WIN for KC
Triathlon* **July 30
7:30 am**



Vicki Welsh

July 6, 1953-Jan. 22, 2006

THANK YOU TO OUR AWESOME VOLUNTEERS!

Volunteers are what make this organization so awesome. They share time and energy spreading the word about ovarian cancer awareness. Pictured right are just a few of our most recent events where we were able to speak to women of all ages, many of whom have been touched by ovarian cancer. Our Volunteers speak words of encouragement and hope for those who fear the words, "ovarian cancer". We can't thank you enough for all that you do to strengthen and encourage women and families who now know we are fighting for them. 



Pony Williams,
Survivor & Volunteer
shared her
enthusiasm while
helping out at the
Vicki Welsh table.
(Pictured left)

Veronica Johnson,
Volunteer at the
Hospital Hill Expo
gave away bags to
these happy
ladies.



(Pictured right)



Mother & Daughter
team of Heidi and
Hagan helped staff the
table at *Just for Her*.
(Pictured left)

FEATURED BOARD MEMBER: DEB GRAZDA

When you lose a best friend, you feel like you've lost your right arm. Deb and Vicki were best friends and when Vicki was diagnosed with ovarian cancer, Deb was by her side through it all. Deb Grazda and Dave Welsh are Co-Founders

of The Vicki Welsh Fund. Deb stated, "For 3 1/2 years, I saw Vicki face Ovarian Cancer with the same enthusiasm, openness and humor she had throughout her life. I work for the Vicki Welsh Fund to fulfill my promise to Vicki to 'get

the word out'." Deb is a registered nurse with over 30 years of nursing experience including 25 years in hospital management. She has a Master's Degree in Business Administration from UMKC. She is an avid spokesperson promoting ovarian cancer awareness for over 10 years.

Vicki Welsh Fund

5960 Dearborn
Suite 235
Mission, KS 66202

Email:
vickiwelshocfund@gmail.com

Visit our website:
vickiwelshfund.org

The Vicki Welsh Ovarian Cancer Fund is a 501(c)(3) not for profit organization 46-1912384

The Four Primary Symptoms of Ovarian Cancer are:

- Bloating
- Pelvic or abdominal pain
- Urinary Frequency
- Difficulty eating or feeling full too quickly

Other symptoms may include:

- Indigestion, gas, nausea
- Constipation, diarrhea
- Abnormal bleeding, painful intercourse
- Shortness of breath
- Unusual fatigue
- Unexpected weight gain/loss

Symptoms can be vague, but 95% of women report these symptoms. If you experience these symptoms from time to time, do not be alarmed. If symptoms persist for two or more weeks, please consult your physician.

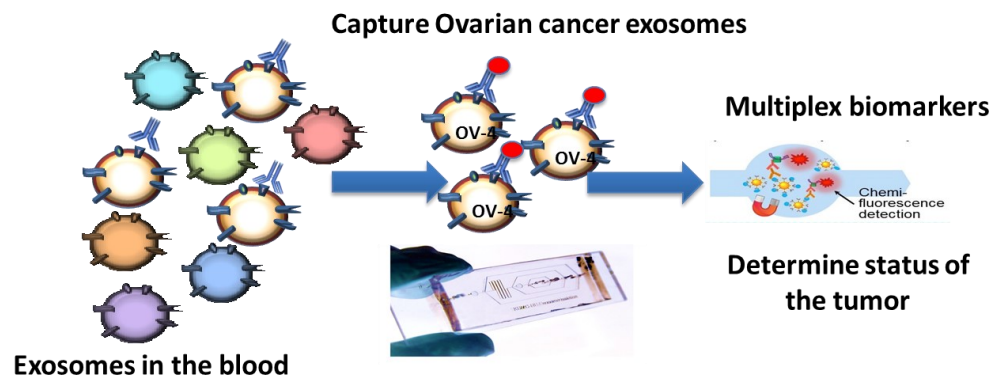


EXOSOME RESEARCH AT KU MED



Safinur Atay, PhD

KU Researcher, Safi, is conducting cutting edge research to discover biomarkers for the early detection of ovarian cancer. This research uses Exosomes, small “bubbles” released by tumors >1 cm, as new biomarkers. These Exosomes carry information on the “status” or behavior of the tumor at the time of the blood draw. Analyzing the information from the Exosomes allows them to determine how the tumor is doing--is it shrinking or is it growing? This is important information that helps determine if treatments are effective. The Vicki Welsh Fund helps fund ovarian cancer research.



UPCOMING EVENTS



WIN FOR KC The Vicki Welsh Fund will be promoting ovarian cancer awareness at the upcoming WIN for KC Triathlon at

Smithville Lake on July 30th. The Women's Intersport Network for Kansas City (WIN for KC), was established in 1994 to ignite girls and women through advocating and promoting the lifetime value of sports and fitness, while providing opportunities for participation and leadership development.

Warrior Women—Relaxing Yoga Event—July 19 6:00 pm—Turning Point—8900 State Line Road

Warrior Women is a group of ovarian cancer survivors who meet the 3rd Tuesday of every month to support one another and plan fun events together. Join us on Tuesday, July 19 at 6:00 pm for a relaxing time of Restorative Yoga to help refresh



you after a busy day. Wear comfortable, loose clothing. A Yoga mat will be provided for you. Bring a towel or pillow if desired. For more information contact, Gayle O'Connell at 816-305-4002.



Thank you to all our volunteers and donors. Together we never ever give up on hope.

Want To Do More?

Visit our web page at:
VickiWelshFund.org
and volunteer or donate.

THANK YOU!

